

Sterling Press

January 2016

Happy Holidays



Christmas Party

We will be having our Annual Christmas party on Tuesday December 15th at 2:00PM in the Sterling Park Dinning room.

There will be food, fun games and friends! We will be having a special guest from the north pole and picture opportunities with Jolly Old Santa Claus. Come join the party and help us celebrate yet another joyous holiday season.

New Years eve party
We will be having a celebration on Thursday

December 31st to celebrate the new year. We will have food and beverages as well as games. At 2:00PM on December 31st. Come help us celebrate the year 2016 as we say goodbye to 2015!

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Happy January Birthdays

***Sterling Park Commons
& Park Gardens Birthday
Party will be Held Janu-
ary @ 2:00 PM***

**Justine Boldine 1/01
Jane Jankowski 1/03
Genevieve Roering 1/10
Patricia Christen 1/13**

**Genevieve Derry 1/14
Rita Wicker 1/25
Rita Stuckel 1/31**

**Sterling Park
Healthcare
Center Birthday Party
will be January 10th**

**Hilary Dambowey 1/8
Janette Weis 1/15
Jean Peseck 1/16
Audrey Schmid 1/20**



Message from your Housing Manager

Merry Christmas to everyone! I hope the holidays find you warm. One of my favorite Christmas memories is from when I was a young child. My family had a tradition of having supper together every Christmas Eve. We would always have seafood and steak! Afterwards we would go to the 10p Christmas Eve Church Service. Magically every year Santa Claus knew that we were gone to the service and had our gifts waiting under the tree when we got home. I hope everyone has a great and warm holiday season. I look forward to seeing you at the Christmas party. I heard there will be a special guest! :) -Jason Hoyt



January Meeting Schedule

Sterling Park Care Center:
Resident & Food
Council---
Dec 15th @ 2:00pm

Sterling Park Commons and
Park Gardens:
Food Council Dec 14th
@1:00PM
Tenant Meeting---
Dec 14th @ 2:00pm

JANUARY
snowflakes
celebrate
countdown
NEW YEAR
Blizzard
icicles mittens
resolutions
NEW BEGINNING
SCARF
CHILLY

Delicious Notes: Recipe of the Month



S'mores Mug Cake:

- *2 Tbsp. Butter melted
- *1/4 cup Graham cracker crumbs
- *2 Tbsp. Brown Sugar Packed
- *1/2 Tbsp. granulated sugar
- 1/4 cup milk
- *1/4 cup + 1 Tbsp all purpose flour
- *1/4 tsp baking powder
- *Dash of ground cinnamon
- *1 Tbsp. Mallow bits
- *2 snack size Hershey bars broke
- *1 Snack size Hershey for Garnish
- *8-10 Mini Marshmallows

Directions:

- In a mug add in butter, graham cracker crumbs brown and granulated sugar and Stir to combine
- Add in milk & Stir
- Add in flour, baking soda, & Ground cinnamon until smooth
- Stir in mallow bits (Or mini marshmallows) , & Pieces of chocolate Hershey bars.
- Place in Microwave for 1 min & 35 seconds
- Place mini marshmallows on top of cake & torch with kitchen torch or place in microwave for 15 seconds for them to melt. Then place Hershey candy bar on top for garnish & Let cool & ENJOY!

The New Year

ANOTHER FRESH NEW YEAR IS HERE,
ANOTHER YEAR TO LIVE.
TO BANISH WORRY, DOUBT, & FEAR,
TO LAUGH & LOVE & GIVE.



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Sterling Park

SENIOR LIVING

Sterling Press



You are never too old
to set another goal or
to dream a new
dream.

– C.S. Lewis